



RESULTS

21K Female

Rank	Name	Bib	Time	Distance	Gender
1	Sunita Tamang	114	4:11:08	21K	F
2	Khendo Lama	56	4:14:45	21K	F
3	Lambutti Lama	55	4:14:46	21K	F
4	Priya Nachhiring Rai	60	4:23:05	21K	F
5	Sonya Martin	118	4:45:01	21K	F
6	Vivian Castro	119	4:45:06	21K	F
7	Kamala Tamang	62	4:54:54	21K	F
8	Sharada Khaling Rai	61	4:59:21	21K	F
9	Sangeeta Tamang	67	5:14:54	21K	F
10	Phulmaya Tamang	63	5:15:25	21K	F
11	Rita Tamang	64	5:16:22	21K	F
12	Alina Rai	54	5:20:45	21K	F
13	Mathilde Lefebvre	58	5:51:24	21K	F
14	Florine Prioux	59	5:51:34	21K	F
15	Helena Van Brande	52	6:04:35	21K	F
16	Salomé Clara Vitte	65	7:32:53	21K	F
17	Bronwyn Russel	113	8:01:14	21K	F
18	Babita Verma	B001(116)	9:38:00	21K	F
19	Nabila Banu	N001(115)	9:44:54	21K	F
20	Stephanie Lecat	57	10:01:50	21K	F
21	Ira Rajbhandari	51	13:22:51	21K	F



RESULTS

21K Male

Rank	Name	Bib	Time	Distance	Gender
1	Dhira bahadur Budha	77	2:30:39	21K	M
2	Damodar Budamagar	78	2:38:36	21K	M
3	Ganesh Thakuri	111	2:42:42	21K	M
4	Kul Bahadur Subedi	86	2:59:26	21K	M
5	Manish Tamang	91	3:04:27	21K	M
6	Sanu Tamang	103	3:07:33	21K	M
7	Mane Tamang	90	3:14:12	21K	M
8	Ram Gurung	107	3:15:48	21K	M
9	Saroj Tamang	92	3:16:51	21K	M
10	Aashaman Tamang	101	3:18:15	21K	M
11	Khadga Bahadur Pradhan	71	3:28:50	21K	M
12	Biru Tamang	87	3:33:16	21K	M
13	Buddha Tamang	102	3:33:27	21K	M
14	Nirajan gurung	69	3:41:39	21K	M
15	Bijay Tamang	109	3:47:39	21K	M
16	Bishal Tamang	88	4:00:43	21K	M
17	Amber Tamang	100	4:00:55	21K	M
18	Nitesh Mangrati	80	4:02:58	21K	M
19	Ankit Gurung	106	4:12:37	21K	M
20	Mahendra Bajracharya	112	4:14:55	21K	M
21	guillaume mendez	81	4:43:49	21K	M
22	Nicolai Rastrup	72	4:49:21	21K	M
23	Bikram Singh Tamang	108	5:20:11	21K	M
24	Yves Cams	68	5:28:38	21K	M
25	Bishal Tamang	110	5:33:45	21K	M
26	Pranav Rajbhandari	73	6:04:45	21K	M
27	Aashish Prased Mishra	82	7:33:54	21K	M
28	Mohit Shrestha	M001(117)	7:47:49	21K	M

29	Andrej Osterman	70	8:38:09	21K	M
30	Buddharaj Tamang	89	9:22:56	21K	M
31	Kausal Shrestha	85	9:23:04	21K	M
32	Emilien Ramier	84	10:01:57	21K	M
33	Pawan Verma	93	10:47:25	21K	M
34	dipesh joshi	79	10:47:44	21K	M
35	rajan morasini	83	10:50:42	21K	M
36	Pramen Rajbhandari	74	13:22:53	21K	M



RESULTS

51K Female

Rank	Name	Bib	Time	Distance	Gender
1	Chechhi Sherpa	4	8:58:20	51K	F
2	Rashila Tamang	6	10:29:56	51K	F
3	Cheki Sherpa	5	10:40:10	51K	F
4	Humi Buddhamagar	3	11:49:53	51K	F
5	Stine Heiselberg	37	15:55:28	51K	F
6	Melanie Rose van Soeren	39	15:55:29	51K	F
7	Charu Arjyal	1	18:07:27	51K	F



RESULTS

51K Male

Rank	Name	Bib	Time	Distance	Gender
1	Bibek Rai	26	6:27:47	51K	M
2	Anil Tamang	31	6:40:57	51K	M
3	sujal gurung	19	7:01:28	51K	M
4	Rooplal Buddhamagar	17	7:25:43	51K	M
5	Bir Bahadur Tamang	32	8:17:19	51K	M
6	Sher Tharu	33	8:23:51	51K	M
7	Simon Castro-Wooldridge	2	8:38:18	51K	M
8	Tejendra Pradhan	12	9:19:06	51K	M
9	Jimi Oostrum	11	9:24:54	51K	M
10	Abinash Tek Basnet	16	9:39:58	51K	M
11	sayun raj gurung	18	10:01:20	51K	M
12	Netrika Prasad Maden-Limbu	9	11:32:37	51K	M
13	pramod rai	36	11:46:52	51K	M
14	Abishek Rajbahak	14	11:55:41	51K	M
15	Amrit Basnet	15	13:24:25	51K	M
16	Richard McCabe	10	13:24:35	51K	M
17	Jeevan Lama	8	13:54:57	51K	M
18	Bhuwan Sharma	38	18:07:35	51K	M